

PRICE LIST

Swim & Gym Daily

Adult Swim/ Gym	€7.50
Child Swim	€4.00
OAP/Unemployed/Student	€5.00
Family (2Adults & 3Kids)	€19.00

Weekly Members

Adult Swim/Gym	€15.00
OAP/Unemployed/Student	€12.00
Family (2Adults & 3Kids)	€30.00
Child Swim <16	€10.00

Monthly Members

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student	€35.00
Family	€80.00

Annual Members

Adult	€375
Family	€750
Husband & Wife	€600

Swim Lessons

Adult	€40/€20
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

Personal Training

1 Hour	€20
--------	-----

Must be booked in advance.

EXERCISE CLASSES

Monday:

Aqua Aerobics 10.15pm & 7pm

Tuesday:

Master Swimming 7.15am
Aqua Aerobics 9:45am & 7.00pm

Wednesday:

Aqua Aerobics 9:45am & 7.00pm

Thursday:

Active Aging 10.00am
Aqua Aerobics 7:00pm

Friday:

Aqua Aerobics 9:45am

Swim times are open to change at short notice. Please check our Facebook page for daily updates.

Gym Hours

Monday	6.30am- 9.15pm
Tuesday	7.15am - 9.45pm
Wednesday	6.30am – 9.15pm
Thursday	7.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	8.00am – 5.00pm
Sunday	10.30am – 5.00pm



May/June



MAKING FITNESS FUN!

**Gym, Swim, Cardio
Kids Clubs + Much More**

☎ 051 640955
✉ seankellysc@gmail.com
🌐 seankellysportscentre.com

Follow us on....



☎ 051 640955
✉ seankellysc@gmail.com
🌐 seankellysportscentre.com

<p><u>Thursday 18th May</u> 7.15 – 9.00 (AO) 9.00 – 11.15 12.45 – 1.45 (AO) 2.00 – 3.45 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 (Half Pool) 8.45 – 9.45 (AO)</p>	<p><u>Friday 19th May</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 7.00 – 8.45</p>	<p><u>Saturday 20th May</u> 11.00 – 11.45 1.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 8.00am</u></p>	<p><u>Sunday 21st May</u> 12.00 – 12.45 1.00 – 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym Open 10.30am</u></p>	<p><u>Monday 22nd May</u> 8.00 – 9.30 (AO) Aqua Aerobics 10.15am 12.30 – 1.45(AO) 2.00 – 2.45 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO) <u>Gym open 6.30am</u></p>
<p><u>Tuesday 23rd May</u> 7.15 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 2.45 3.00 – 3.45(Half Pool) 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO)</p>	<p><u>Wednesday 24th May</u> 8.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.00 – 12.45(Half Pool) 12.45 – 1.45 (AO) 2.30 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50– 9.15 (AO)</p>	<p><u>Thursday 25th May</u> 7.15 – 9.00 (AO) 9.00 – 11.15 12.45 – 1.45 (AO) 2.00 – 3.45 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 Half Pool 8.45 – 9.45 (AO)</p>	<p><u>Friday 26th May</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 11.45 12.30 – 1.45 (AO) 2.00 – 3.45 7.00 – 8.45</p>	<p><u>Saturday 27th May</u> 1.00 – 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 8.00am</u></p>
<p><u>Sunday 28th May</u> 12.00 – 12.45 1.00 - 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym Open 10.30am</u></p>	<p><u>Monday 29th May</u> 8.00 – 9.30 (AO) Aqua Aerobics 10.15am 12.30 – 1.45(AO) 2.00 – 2.45 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO)</p>	<p><u>Tuesday 30th May</u> 7.15 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO)</p>	<p><u>Wednesday 31st May</u> 8.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.00 – 12.45 (Half Pool) 12.45 – 1.45 (AO) 2.30 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50– 9.15 (AO)</p>	<p><u>Thursday 1st June</u> 7.15 – 9.00 (AO) 9.00 – 11.15 12.45 – 1.45 (AO) 2.00 – 3.45 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 (Half Pool) 8.45 – 9.45 (AO)</p>
<p><u>Friday 2nd June</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 7.00 – 8.45</p>	<p><u>Saturday 3rd June</u> 11.00 – 11.45 1.00 – 1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 8.00am</u></p>	<p><u>Sunday 4th June</u> 12.00 – 12.45 1.00 - 2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym Open 10.30am</u></p>	<p><u>Monday 5th June</u> 10.00 – 11.45 12.00 – 1.45 2.00 – 3.45 <u>Bank Holiday</u> <u>Gym Open 10.00am</u></p>	<p><u>Tuesday 6th June</u> 7.15 - 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO)</p>