

PRICE LIST

Swim & Gym Daily

Adult Swim/ Gym	€7.50
Child Swim (3-15yrs inclusive)	€4.00
OAP/Unemployed/Student*	€5.00
Family (2Adults & 3Kids)	€19.00

Weekly Members

Adult Swim/Gym	€15.00
OAP/Unemployed/Student*	€12.00
Family (2Adults & 3Kids)	€40.00
Child Swim <16	€12.00

Monthly Members

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student*	€35.00
Family	€90.00

*Student ID required

Annual Members

Adult	€375
Family	€750
Husband & Wife	€600

Swim Lessons

Adult	€40
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

Follow us on....



051 640955
 seankellysc@gmail.com
 seankellysportscentre.com

EXERCISE CLASSES

Monday:

Aqua Aerobics	10.15am & 7.00pm
Coach to 5k	6.30pm-7.15pm
Kettlebells	8.00pm-8.45pm

Tuesday:

Adult Swim training	7.00-8am
Aqua Aerobics	9:45am & 7.00pm
Glutes & Abs	1.00-1.45pm
H.I.I.T	6.30-7.15pm
Zuu	7.30-8.15pm
Men`s Circuit Training	8.30-9.15pm

Wednesday:

Aqua Aerobics	9:45am & 7.00pm
H.I.I.T	6.30-7.15pm
Zuu	7.30-8.15pm

Thursday:

Active Aging	10.00am-11.00am
Glutes & Abs	1.00pm-1.45pm
Aqua Aerobics	7:00pm-7.45pm

Friday:

Aqua Aerobics	9:45am-10.15am
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Private Gym / Class Available on request

Gym Hours

Monday	6.30am- 9.15pm
Tuesday	7.00am - 9.45pm
Wednesday	6.30am – 9.15pm
Thursday	7.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	8.00am – 5.00pm
Sunday	10.30am – 5.00pm



September/October



MAKING FITNESS FUN!

Gym, Swim, Cardio

Kids Clubs + Much More

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Swim times are open to change at short notice.
Please check our Facebook page for daily updates.

