

PRICE LIST

Swim & Gym Daily

Adult Swim/ Gym	€7.50
Child Swim	€4.00
OAP/Unemployed/Student	€5.00
Family (2Adults & 3Kids)	€19.00

Weekly Members

Adult Swim/Gym	€15.00
OAP/Unemployed/Student	€12.00
Family (2Adults & 3Kids)	€40.00
Child Swim <16	€12.00

Monthly Members

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student	€35.00
Family	€90.00

Annual Members

Adult	€375
Family	€750
Husband & Wife	€600

Swim Lessons

Adult	€40/€20
Child	€60

Less than 8yrs and non-swimmers must be accompanied by a person 16yrs or over

EXERCISE CLASSES

Monday:

Aqua Aerobics 9.45am & 7.00pm

Tuesday:

Aqua Aerobics 9:45am & 7.00pm

Wednesday:

Aqua Aerobics 9:45am & 7.00pm

Thursday:

Active Aging 10.00am

Aqua Aerobics 7:00pm

Friday:

Aqua Aerobics 9:45am

Private Gym / Class Available on request

Swim times are open to change at short notice. Please check our Facebook page for daily updates.

Gym Hours

Monday	8.00am- 9.15pm
Tuesday	7.15am - 9.45pm
Wednesday	8.00am – 9.15pm
Thursday	7.15am – 9.45pm
Friday	7.15am – 8.45pm
Saturday	10.00am – 5.00pm
Sunday	10.30am – 5.00pm



July / August



MAKING FITNESS FUN!

**Gym, Swim, Cardio
Kids Clubs + Much More**

☎ 051 640955
✉ seankellysc@gmail.com
🌐 seankellysportscentre.com

Follow us on....



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<p><u>Monday 17th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30-12.45 12.45 – 1.45(AO) 2.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO)</p>	<p><u>Tuesday 18th July</u> 7.15 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30-12:45 12.45 – 1.45 (AO) 2.00 – 3.45 4.00 – 5.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO))</p>	<p><u>Wednesday 19th July</u> 8.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30-12.45 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50– 9.15 (AO)</p>	<p><u>Thursday 20th July</u> 7.15 – 9.00 (AO) 9.00 – 10.45 11.00 – 12.45 12.45 – 1.45 (AO) 3.00 – 3.45 5.00 – 5.45(Half Pool) 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 (Half Pool) 8.45 – 9.45 (AO)</p>	<p><u>Friday 21st July</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30. – 12.45 12.45 – 1.45 (AO) 2.00 – 3.45 4.00 – 5.45 6.00 –7.45 8.00 – 8.45</p>
<p><u>Saturday 22nd July</u> 10.00 – 11.45am 1.00 – 2.45pm 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 10.00am</u></p>	<p><u>Sunday 23rd July</u> 12.00 – 12.45 1.00 -2.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym Open 10.30am</u></p>	<p><u>Monday 24th July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.00 12.45 – 1.45(AO) 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO)</p>	<p><u>Tuesday 25th July</u> 7.15 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 3.00 – 3.45 4.00 – 5.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO))</p>	<p><u>Wednesday 26th July</u> 8.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 11.15 12.00 – 12.45 (Half Pool) 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50– 9.15 (AO)</p>
<p><u>Thursday 27th July</u> 7.15 – 9.00 (AO) 9.00 – 10.45 11.00 – 12.00 12.45 – 1.45 (AO) 3.00 – 3.45 5.00 – 5.45(Half Pool) 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 (Half Pool) 8.45 – 9.45 (AO)</p>	<p><u>Friday 28th July</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30. – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 4.00 – 5.45 6.00 –7.45 8.00 – 8.45</p>	<p><u>Saturday 29th July</u> 10.00 – 11.45am 1.00 – 2.45pm 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 10.00am</u></p>	<p><u>Sunday 30th July</u> 12.00 – 12.45 1.00 -1.45 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym Open 10.30am</u></p>	<p><u>Monday 31st July</u> 8.00 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 12.00 12.45 – 1.45(AO) 3.00-3.45 6.00 – 6.45 Aqua Aerobics 7.00pm 7.50 – 9.15 (AO)</p>
<p><u>Tuesday 1st August</u> 7.15 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45 am 10.30 – 12.00 12.45 – 1.45 (AO) 3.00 – 3.45 4.00 – 5.45 6.00 – 6.45 Aqua Aerobics 7.00 pm 7.50 – 9.45 (AO))</p>	<p><u>Wednesday 2nd August</u> 8.00 – 9.00(AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30 – 11.15 12.00 – 12.45 (Half Pool) 12.45 – 1.45 (AO) 2.00 – 3.45 5.00 – 6.45 Aqua Aerobics 7.00 pm 7.50– 9.15 (AO)</p>	<p><u>Thursday 3rd August</u> 7.15 – 9.00 (AO) 9.00 – 10.45 11.00 – 12.00 12.45 – 1.45 (AO) 3.00 – 3.45 5.00 – 5.45(Half Pool) 5.45 – 6.45 Aqua Aerobics 7.00 pm 8.00 – 8.45 (Half Pool) 8.45 – 9.45 (AO)</p>	<p><u>Friday 4th August</u> 7.15 – 9.00 (AO) 9.00 – 9.45 Aqua Aerobics 9.45am 10.30. – 12.00 12.45 – 1.45 (AO) 2.00 – 3.45 4.00 – 5.45 6.00 –7.45 8.00 – 8.45</p>	<p><u>Saturday 5th August</u> 10.00 – 11.45am 1.00 – 2.45pm 3.00 – 3.45 Inflatable 4.00 – 5.00 <u>Gym open 10.00am</u></p>